

# Baylor Challenge Course

## Preparation Information



We are excited about working with your group and would like to provide this important information to help your participants properly prepare before attending.

### Participant Requirements and Restrictions

The programs at the Baylor University challenge course are designed for participants in moderate to good health with average to good mobility. We recommend participants familiarize themselves with the requirements, restrictions, and risks prior to committing.

#### All program Element Requirements

- All non-Baylor affiliated participants must agree to and sign a participant agreement. Participants under the age of 18 must have a signed agreement by a parent or legal, court-assigned guardian.
- Participants must be able to understand and comply with instructions in English or bring their own translator.
- Sturdy, closed-toe shoes are required.
- Participants must fit properly into all harness and protective equipment.
- The high course is recommended for ages 10 and up.
- Some high course elements have a weight restriction of 250 lbs.

#### You cannot participate in high elements if you:

- Are pregnant or think you might be pregnant
- Have recent or recurring neck, back, or musculo-skeletal injuries
- Suffer from a heart condition that may require immediate medical attention

#### How To Dress

- Please wear closed-toed tennis shoes or hiking shoes.
- Sandals or open-toed shoes are not recommended.
- Please wear clothing that allows for movement and flexibility.  
Longer shorts or lightweight pants are the best.
- Dress for the weather – remember you will be outside for an extended time.  
What you can tolerate for an hour is not the same as an entire day.  
Dress in layers: (ex. t-shirt, sweat shirt, jacket, rain jacket, hat/stocking hat, gloves)
- Please do not wear any jewelry, including watches, earrings, rings, etc....  
**These items can easily be caught in equipment and cause injury.**

#### What To Bring

- If you are scheduled during hot weather, please bring refillable water bottles. Water will be provided, but it is helpful to have your own water bottle for convenience and to stay hydrated.
- If there is any possibility of rain, please bring a rain jacket.
- Please leave cell phone at home or in your car.
- If you are scheduled during winter months, please bring several layers of warm clothing including pants, warm jacket (fleece or sweatshirt), wind jacket, gloves and hat.
- It tends to be cooler at the challenge course due to proximity of the lake.



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## What To Do When You Arrive

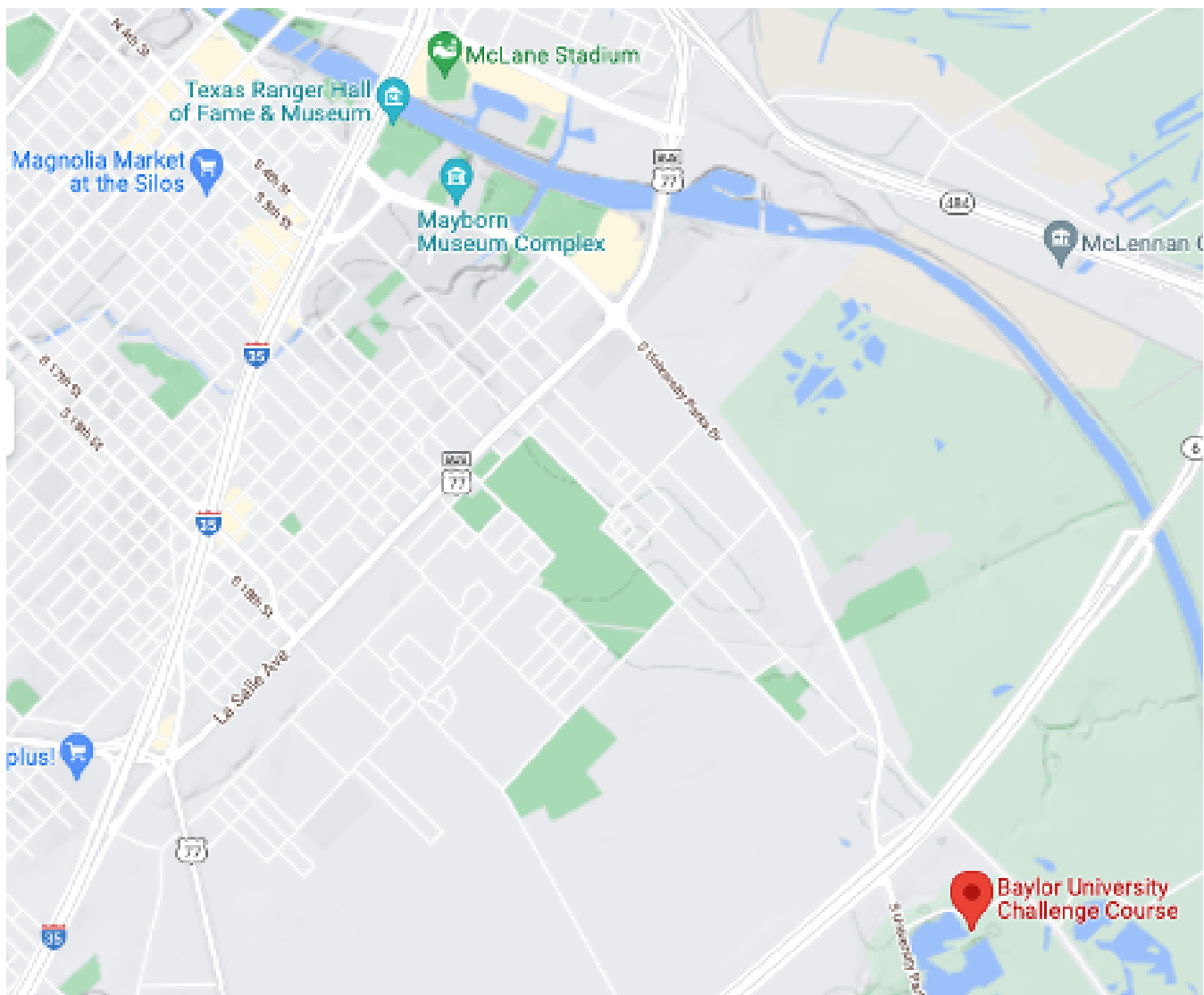
- If you are bringing forms, please have them completed, in alphabetical order, and have a printed cover sheet with the names listed in alphabetical order. (Note: This does not apply to Baylor student groups.)
- Upon arrival, facilitators will greet your group. We appreciate you waiting outside of the challenge course area by the “Welcome Sign” until that time.

## Map & Directions

**Eastland Lakes Team and Leadership Center (i.e. Baylor University Challenge Course)**

406 Eastland Lakes Dr.

Waco, TX 76706



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### Baylor Groups

Although liability forms are not needed, we do require that Baylor groups submit a roster of participants to include *first name, last name* and *Bear ID #*. Please email this list to [zac\\_huston@baylor.edu](mailto:zac_huston@baylor.edu) prior to the program.

### Cancelation and Participant Pricing Policy

All cancellations and participant count changes must be made 5 days in advance. If you do not cancel at least 5 days before your designated date, you will be charged a fee of up to the total coordinated amount. If there are any changes in the number of participants, the challenge course coordinator must be made aware of those changes at least 5 days in advance in order to ensure the proper number of facilitators. Failure to inform the Baylor Challenge Course Coordinator of any drop in participant numbers may result in you being charged for the quoted amount. If you have more participants than the quoted number, the additions will be billed accordingly. The Lead facilitator reserves the right to cancel the event at any time for any reason.

ex. (items against Baylor University Policy, compromises safety of others physically or emotionally, uncooperative or disrespectful)

### Weather Cancelation Policy

We love to play in any weather, and can continue to climb, zip, and do low course events even in rain, cold, and heat. Cancellations must be made 5 days in advance and we do not cancel due to weather unless it is severe. For an example of severe weather conditions, please see the list below. If we must cancel due to weather, you will be contacted by the Course Manager or Lead Facilitator on the day of the event at least one hour prior to the event start time. Please make sure we have your email address and a phone number where you can be reached. If Challenge Course Staff cancel due to severe weather prior to the event, we will make every attempt to reschedule your group. If Challenge Course Staff cancel due to severe weather during the event, you are required to pay a pro-rated amount up to the full amount of the quoted price. We will base this fee on time spent on the course as well our obligations to the Baylor University Challenge Course Staff. If your group cancels during the event and severe weather is not present, you are required to pay up to the full quoted amount.

### Examples of severe weather:

- Thunder Storms
- Severe Cold: Less than 35 degrees Fahrenheit
- Severe Heat: Greater than 105 degrees Fahrenheit
- Cold Rain: Precipitation and less than 50 degrees Fahrenheit
- Snow: Snowstorm affecting driving conditions
- Ice: Ice affecting course and driving conditions
- Wind: Tornado watches/warnings in affect for McLennan Co.

### If you have any questions, please contact:

Zac Huston: (Work) (254) 710-7606, (Cell) (254) 709-3397  
Cody Schrank: (Work) (254) 710-7615, (Cell) (254) 230-6361

